



## The Livestream

### Credits

Hawi	Filsan Dualeh
Louam	Hodan Dualeh
Playwright	Makambe K Simamba
Director	Donna-Michelle St. Bernard
Dramaturg	Stephen Colella

### Synopsis

*Staying home can save lives. So might going out in the streets.*

Hawi and Louam are two sisters who share a popular online presence. The duo decide to have a livestream discussing recent instances of racism at their high school and highlighting their perspectives as Black female students. During the livestream, Hawi and Louam contemplate the act of protesting alongside Black students, while also trying to abide by the Health & Safety restrictions set due to the pandemic. Both choices ultimately benefit their well-being, but the sisters share opposing opinions.

### Discussion Questions

1. Describe how Louam is feeling at the end of the livestream.
2. Can people be active advocates without taking to the streets to protest? If so, what are some other ways to be an advocate without marching? Are some tactics more effective than others, and if so, why?
3. Hawi and Louam share different opinions on attending the protest, though they carry the same logic for their reasoning – “I want to protect you.” Are both sides of the argument valid, and if so, why – or why not?
4. While physical distancing continues, how can people continue to support one another? How can people take care of themselves during this time?

### Activity

*The Livestream* concludes with Louam having several concerns, one of them being how their Hooyo (Mother) will react to Hawi attending the protest. We do not discover how Hooyo will ultimately react to Hawi's decision.

Conduct some research and try to find an article or interview that captures people of various age demographics expressing their perspectives on protests. What commonalities and/or differences across these generations do you notice?



## Resources

- **Black Youth Helpline**
  - <https://blackyouth.ca/>
- **Kids Help Phone**
  - <https://kidshelpphone.ca/>
  - Call a counsellor: 1-800-668-6868
  - Cultural and Systemic Racism: What are they? <https://kidshelpphone.ca/get-info/cultural-and-systemic-racism-what-are-they/>
  - Anti-Black racism: Support Black people and allies: <https://kidshelpphone.ca/get-info/anti-black-racism-support-for-black-people-and-allies/>
- **CAMH Resources**
  - Mental Health and COVID 19 <https://www.camh.ca/en/health-info/mental-health-and-covid-19>
  - Coping with Stress and Anxiety <https://www.camh.ca/en/health-info/mental-health-and-covid-19#coping>
  - Talking to Children about COVID 19 and its impact [https://www.camh.ca/-/media/files/camh\\_covid19\\_infosheet-talking\\_to\\_kids-pdf.pdf?la=en&hash=59AC3799BC481EC9238ECD9044A98B40C5CEA253](https://www.camh.ca/-/media/files/camh_covid19_infosheet-talking_to_kids-pdf.pdf?la=en&hash=59AC3799BC481EC9238ECD9044A98B40C5CEA253)
- **mindyourmind**

mindyourmind works with community partners and young people aged 14 to 29 to co-create interactive tools and innovative resources to build capacity and resilience.

<https://mindyourmind.ca/>